MOWANA spa

Set in the tranquil bushveld gardens of the Indaba Hotel in the up-market suburb of Fourways, Mowana Spa is a wellness sanctuary which will revive your senses, rejuvenate your body and soothe your soul.

Mowana Spa, which takes it's name from the majestic Baobab Tree of African Lore & Legend, offers wellness journeys based on the recognised healing energy of Tribal Massage in keeping with the spirit of the "Tree of Life".

Signature Pamper Journeys include the luxurious Mowana Full Day African Rejuvenation Pamper which is an indulgent Spa experience including Breakfast, Lunch, Complimentary Beverages and 6 Revitalising treatments; the romantic Mowana African Skies Night Spa Pamper which includes Dinner, Complimentary Beverages and 3 Relaxing treatments; and the indulgent Mowana African Escape Spa & Stay Pamper Journey for the ultimate decadent relaxation.

Whilst many of us dream of "spending the day at the Spa", workload, deadlines, limited time and budgetary constraints in our current 24/7 lifestyle often do not allow for valuable team members to be out of the office for extended periods of time and thus essential wellness can be compromised. Our Mowana Relaxation Zone, brings wellness to you by incorporating relaxing massage techniques into the short time periods in the comfort of your home, office, corporate or conference environment. The Mowana Relaxation Zone means that wellness and rejuvenation is accessible to all.

In addition to the decadent Pamper Journeys and Rejuvenating single treatments, Mowana Spa is delighted to offer a MatsiMela retail outlet boasting a local product range with it's roots in Africa. Drawing from the wisdom of African, the Mowana Spa Baobab Signature Product Range created by MatsiMela harnesses the natural moisturising properties of the Baobab Kernel which produces a rich, golden oil used for centuries by African Women to protect their beautiful skins against the harsh African Sun.

Our commitment to Service Excellence and Staff Empowerment through training and mentoring will ensure that your needs are met and your expectations exceeded as you enjoy a day of African Rejuvenation with the "Makoya Morning Journey" or indulge your senses with the "Mowana Time-Out Pamper".

Revive your Senses · Rejuvenate your Body · Soothe your Soul

MOWANA SPA SITUATED AT INDABA HOTEL I CNR. WILLIAM NICOL DR & PIETER WENNING RD, FOURWAYS
Phone: 0861 MOWANA (669262) | **Email:** reservations@mowanaspa.co.za | **Website:** www.mowanaspa.co.za

Our Signature Pampers

WWW.MOWANASPA.CO.ZA

SINGLE IN-SPA PAMPER TREATMENTS (60 MINUTES)

VALID FROM WEDNESDAY TO FRIDAY

R680 PER PERSON PER TREATMENT

- Full Body Massage with or without Hot Stones
- Pamper Facial with our Seriti Mowana range of skincare products
- Full Body Polish or a Soothing Back Treatment
- Head, Neck & Shoulder Massage
- Foot & Lower Leg Pamper Massage
- Hand & Lower Arm Pamper Massage

ME TIME INDULGE

R1399 PER PERSON

- Welcome Drinks on Arrival at 08h30 or 12h30
- Full Body Massage with or without Hot Stones to soothe tired muscles
- Foot & Lower Leg Massage for the ultimate "time-out" pamper
- High Tea: Fresh daily selection of petit fours and savoury snacks
- Departure Beverage at 11h00 or 15h30

MAKOYA MORNING RETREAT HALF DAY PAMPER JOURNEY

R1499 PER PERSON

- Welcome drinks on arrival at Mowana Spa at 08h00
- Delicious 2-course Spa Breakfast to start your Pamper Journey
- High Tea: Fresh daily selection of petit fours and savoury snacks
- Full Body Massage with or without Hot Stones to soothe tired muscles
- Relaxing Head, Neck & Shoulder Massage
- Foot & Lower Leg Massage for the ultimate "time-out" pamper
- Complimentary non-alcoholic Beverages to quench your thirst
- Departure Beverage at 12h00

AFRICAN SAVANNAH RITUAL HALF DAY PAMPER JOURNEY

R1599 PER PERSON

- Welcome drinks on arrival at Mowana Spa at 11h30
- Tasty 2-course Spa Luncheon to feed body & soul
- Complimentary Local Beverages to quench your thirst
- High Tea: Fresh daily selection of petit fours and savoury snacks
- Full Body Massage with or without Hot Stones to soothe tired muscles
- Relaxing Head, Neck & Shoulder Massage
- Foot & Lower Leg Massage for the ultimate "time-out" pamper
- Departure Beverage at 16h30

AFRICAN SKIES NIGHT SPA PAMPER JOURNEY

R1799 PER PERSON

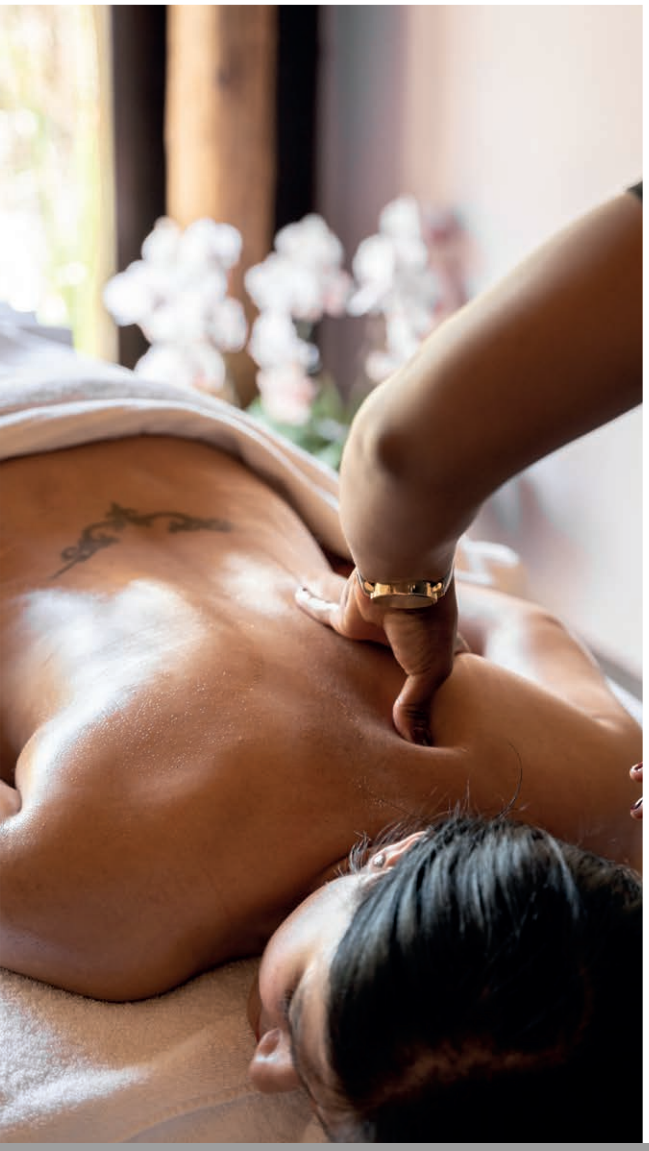
- Welcome drinks with light Snacks on arrival at Mowana Spa at 18h00
- Full Body Massage with or without Hot Stones to soothe tired muscles
- Sumptuous 2-course Spa Dinner to feed body & soul
- Complimentary Local Beverages to quench your thirst
- Relaxing Head, Neck & Shoulder Massage
- Foot & Lower Leg Massage for the ultimate"time-out" pamper
- Departure Beverage at 23h00

SUBSCRIBE TO OUR NEWSLETTER

Receive the latest news and specials for spa experiences and other exciting offers on property at Mowana Spa and Indaba Hotel

SCAN THE CODE OR VISIT BIT.LY/MOWANASPA-SIGNUP

MONDAY TO TUESDAY: CLOSED | WEDNESDAY TO SATURDAY: 08H00 – 23H00 | SUNDAY: 08H00 - 17H00
SUBJECT TO CHANGE WITHOUT PRIOR NOTIFICATION
WWW.MOWANASPA.CO.ZA



TIME OUT NIGHT SPA PAMPER JOURNEY

MIDWEEK - R1199 PER PERSON

WEEKENDS - R1499 PER PERSON

- Welcome drinks with light Snacks on arrival at Mowana Spa at 18h00
- Full Body Massage with or without Hot Stones to soothe tired muscles
- Sumptuous 2-course Spa Dinner to feed body & soul
- Complimentary Local Beverages to quench your thirst
- Foot & Lower Leg Massage for the ultimate"time-out" pamper
- Departure Beverage at 22h00

AFRICAN REJUVENATION FULL DAY PAMPER JOURNEY

R2199 PER PERSON

- Welcome drinks on arrival at Mowana Spa at 08h00
- Delicious 2-course Spa Breakfast to start your Pamper Journey
- High Tea: Fresh daily selection of petit fours and savoury snacks
- Full Body Massage with or without Hot Stones to soothe tired muscles
- Your choice of a Revitalising Full Body Polish or a Soothing Back Treatment
- Relaxing Head, Neck & Shoulder Massage
- Tasty 2-course Spa Luncheon to feed body & soul
- Complimentary Local Beverages to quench your thirst
- High Tea: Fresh daily selection of petit fours and savoury snacks
- Moisturising Seriti Mowana Spa Facial using our Seriti Mowana range
- Foot & Lower Leg Massage for the ultimate "time-out" pamper
- Indulgent Hand & Lower Arm Massage
- Departure Beverage at 17h00
- Relaxation time during your wellness journey in order to enjoy a quiet oasis in the city

AFRICAN ESCAPE SPA & STAY PAMPER JOURNEY

R4599 PER COUPLE / R3099 FOR A SOLO PAMPER

- Accommodation for 2 people at the Indaba Hotel, Spa & Conference Centre (check in from 15h00). *Add-on a Luxury Suite Upgrade from R1 500 for 2 people*
- VIP Turndown with Rose Petals
- Welcome drinks with light Snacks on arrival at Mowana Spa at 18h00
- Full Body Massage with or without Hot Stones to soothe tired muscles
- Sumptuous 2-course Spa Dinner to feed body & soul
- Complimentary Local Beverages to quench your thirst
- Relaxing Head, Neck & Shoulder Massage
- Foot & Lower Leg Massage for the ultimate"time-out" pamper
- Departure Beverage at 23h00
- Buffet Breakfast prior to departure in Epsom Restaurant at the Indaba Hotel, Spa & Conference Centre

SPA-CATION ESCAPE 1-NIGHT SPA & STAY PAMPER JOURNEY

R4899 PER COUPLE / R3099 FOR A SOLO PAMPER

DAY ONE

- Welcome drinks on arrival at Mowana Spa @ 11h30
- Tasty 2-course Spa Luncheon to feed body & soul
- High Tea: Fresh daily selection of petit fours and savoury snacks
- Full Body Massage with or without Hot Stones
- Relaxing Head, Neck & Shoulder Massage
- Foot & Lower Leg Massage for the ultimate "time-out" pamper
- Departure beverage and treat at 16h30
- Tapas Platter for 2 with glass of partner wine per person at the Indaba Tasting Room at 18h00
- Accommodation for 2 at Indaba Hotel with rose petal turndown

DAY TWO

- Breakfast at Epsom Restaurant at Indaba Hotel
- Depart at 10h00

AFRICAN REJUVE SPA & STAY PAMPER JOURNEY

R5299 PER COUPLE / R3199 FOR A SOLO PAMPER

- Welcome drinks on arrival at Mowana Spa at 08h00
- Delicious 2-course Spa Breakfast to start your Pamper Journey
- Full Body Massage with or without Hot Stones to soothe tired muscles
- Your choice of a Revitalising Full Body Polish or a Soothing Back Treatment
- Relaxing Head, Neck & Shoulder Massage
- Tasty 2-course Spa Luncheon to feed body & soul
- Complimentary Local Beverages to quench your thirst
- Moisturising Seriti Mowana Spa Facial using our Seriti Mowana range
- Foot & Lower Leg Massage for the ultimate "time-out" pamper
- Indulgent Hand & Lower Arm Massage
- Departure Beverage at 17h00
- Relaxation time during your wellness journey in order to enjoy a quiet oasis in the city
- Accommodation for 2 people at the Indaba Hotel, Spa & Conference Centre (check in from 15h00). *Add-on a Luxury Suite Upgrade from R1 500 for 2 people*
- VIP Turndown with Rose Petals
- Buffet Breakfast prior to departure in Epsom Restaurant at the Indaba Hotel, Spa & Conference Centre

AFRICAN SANTUARY RETREAT 2-NIGHT SPA & STAY PAMPER

R8999 PER COUPLE / R5599 FOR A SOLO PAMPER

DAY ONE

- Accommodation for 2 people at the Indaba Hotel, Spa & Conference Centre (check in from 15h00)- *upgrade to a Luxury Junior Suite for R1 000*
- WIne & Chocolate Pairing at the Indaba Tasting Room
- Tapas Paltter for 2 with a glass of Partner Wine per person
- Stay over with Rose Petal Turn Down & small gift per couple

DAY TWO

- Full Day Spa from 08h00 until 17h00
- Bistro2-course date night dinner for 2, with a glass of house wine per person
- Stay over with Rose Petal Turn Down & small gift per couple (includes breakfast)

AFRICAN ROMANCE SPA & STAY PAMPER JOURNEY

R4599 PER COUPLE / R3099 FOR A SOLO PAMPER

- Accommodation for 2 people at the Indaba Hotel, Spa & Conference Centre (check in from 15h00). *Add-on a Luxury Suite Upgrade from R1 500 for 2 people*
- VIP Turndown with Rose Petals
- Sumptuous 2-course Dinner at Bistro 407 from a selected menu
- Welcome drinks on arrival at Mowana Spa at 08h00
- Delicious 2-course Spa Breakfast to start your Pamper Journey
- Full Body Massage with or without Hot Stones to soothe tired muscles
- Relaxing Head, Neck & Shoulder Massage
- Foot & Lower Leg Massage for the ultimate "time-out" pamper
- Departure Beverage at 12h00

AFRICAN INDULGENCE SPA & STAY PAMPER JOURNEY

R7399 PER COUPLE

- Accommodation for 2 people in a luxury Suite at the Indaba Hotel, Spa & Conference Centre (check in from 15h00)
- VIP Gift and a Mowana Spa Hamper
- Welcome drinks with light Snacks on arrival at Mowana Spa at 18h00
- Full Body Massage with or without Hot Stones to soothe tired muscles
- Sumptuous 2-course Spa Dinner to feed body & soul
- Complimentary Local Beverages to quench your thirst
- Relaxing Head, Neck & Shoulder Massage
- Foot & Lower Leg Massage for the ultimate"time-out" pamper
- Departure Beverage at 23h00
- Buffet Breakfast prior to departure in Epsom Restaurant at the Indaba Hotel, Spa & Conference Centre

CORPORATE REJUVENATION PAMPER JOURNEY

R1450 PER PERSON

- Welcome drinks on arrival at Mowana Spa at 08h00 or 11h30
- Delicious 2-course Spa Breakfast to start your Pamper Journey OR Tasty 2-course Spa Luncheon
- High Tea: Fresh daily selection of petit fours and savoury snacks
- Full Body Massage with or without Hot Stones to soothe tired muscles
- Foot & Lower Leg Massage for the ultimate "time-out" pamper
- Complimentary Local Beverages to quench your thirst
- Departure Beverage at 11h00 or 15h30

EXECUTIVE CORPORATE WELLNESS PAMPER JOURNEY

R1899 PER PERSON

- Plenary Conference Venue (08h00 - 12h00)
- Conference Amenities: Note Pads, Pens, Mineral Water & Refreshments
- Tea, Coffee, Juice, Fruit & Rusks on arrival at Indaba Hotel, Spa & Conference Centre
- Mid Morning Tea, Coffee, Juice, Fruit & Snacks
- Tasty 2-course Spa Luncheon
- Full Body Massage with or without Hot Stones to soothe tired muscles
- Foot & Lower Leg Massage for the ultimate "time-out" pamper
- High Tea: Fresh daily selection of petit fours and savoury snacks
- Departure Beverage at 15h30

CELEBRATE YOU TAILOR-MADE PAMPER JOURNEY

VALID WEDNESDAY TO FRIDAY

R1099 PER PERSON

- Welcome drinks on arrival at Mowana Spa
- Your tailor-made 2-treatment package selection (details listed below)
- Complimentary Local Beverages to quench your thirst
- Departure Beverage

STEP ONE: SELECT YOUR PREFERRED PACKAGE

- Breakfast + 2 single treatments. 08h00 - 11h00 *(excludes High Tea buffet)*
- 2 single treatments + High Tea. 08h30 - 11h00 *(excludes plated breakfast)*
- 2 single treatments + Lunch. 09h30 - 13h00 *(excludes High Tea buffet)*
- Lunch + 2 single treatments. 11h30 - 15h00 *(excludes High Tea buffet)*
- 2 single treatments + High Tea. 13h30 - 16h30 *(excludes plated lunch)*

STEP TWO: SELECT YOUR 2 PREFERRED SINGLE TREATMENTS

- Full Body Massage with or without Hot Stones to soothe tired muscles
- Moisturising Seriti Mowana Spa Facial using our Seriti Mowana range of skincare products
- Foot & Lower Leg Massage for the ultimate "time-out" pamper
- Relaxing Head, Neck & Shoulder Massage
- Indulgent Hand & Lower Arm Massage

CHOC "I CARE" PAMPER JOURNEY

R1599 PER PERSON

- Welcome drinks on arrival at Mowana Spa at 08h00 or 11h30
- Delicious 2-course Spa Breakfast to start your Pamper Journey OR Tasty 2-course Spa Luncheon
- High Tea: Fresh daily selection of petit fours and savoury snacks
- Full Body Massage with or without Hot Stones to soothe tired muscles
- Relaxing Head, Neck & Shoulder Massage
- Foot & Lower Leg Massage for the ultimate "time-out" pamper
- Complimentary Local Beverages to quench your thirst
- Departure Beverage at 12h00 or 17h00
- CHOC Product Hamper (CHOC Lip Balm & MatsiMela Fizzball)
- Mowana Spa will donate R100 to CHOC for every "I Care" booking made

ADD-ON ACCOMMODATION

R1600 SINGLE / R1800 PER DOUBLE ROOM SHARING

- Accommodation at the Indaba Hotel, Spa & Conference Centre in a Standard Room
- Buffet Breakfast prior to departure in Epsom Restaurant

Accommodation add-on is only applicable to Signature Pamper Journeys

LUXURY SUITE UPGRADE

ADDITIONAL R1500 PER ROOM PER NIGHT APPLICABLE TO ADD-ON ACCOMMODATION RATE

- Accommodation in a Junior Suite (subject to availability)
- Rose Petals turndown and Mowana VIP Gift Box

Beauty Treatment Menu

WWW.MOWANASPA.CO.ZA

beauty@MOWANA

SASSY SISTERS PAMPER PACKAGE

R999 PER PERSON

- 60-Minute Aroma Back, Neck & Shoulder Therapy Massage
- Revitalising 60-Minute Mowana Pedicure *ADD-ON GEL FOR R140*
- Refreshing Glass of Wine

BLOOM & BREATHE PREGNANCY PAMPER

R999 PER PERSON

- 90 minute gentle pregnancy massage with nourishing oils to soothe, support, and help you embrace this special journey

MOMMY'S RECEIVE 10% BEAUTY@MOWANA VOUCHER OFF ANY OTHER BEAUTY PACKAGE

DAYDREAMERS DELIGHT PAMPER PACKAGE

R1699 PER PERSON OR R2999 PER COUPLE

- 90-Minute Kalahari Advanced Anti-Aging Facial
- 90-Minute Deluxe Pedicure
- 60-Minute Mowana Manicure
- Tasty 2-course Spa Luncheon to feed body & soul
- Complimentary Local Beverages to quench your Thirst

LORDS & LADIES PAMPER PACKAGE

R1550 PER PERSON OR R2700 PER COUPLE

- 60-Minute Aroma Full Body Massage
- 45-Minute Honeybush Facial
- 60-Minute Mowana Pedicure
- Tasty Spa Breakfast or Luncheon to feed body & soul
- Complimentary Local Beverages to quench your Thirst

BUBBLES & BLISS PAMPER JOURNEY

R3899 FOR THREE BESTIES, FOURTH BESTIE FREE

- Welcome drinks on arrival at Mowana Spa at 08h00
- 60-minute Aromatherapy or Hot Stone Full Body Massage
- 90-minute Deluxe Pedicure
- High Tea: Fresh daily selection of petit fours and savoury snacks
- Complimentary Bottle of non-alcoholic Bubbly

GUESTS SAY IT BEST

The staff and therapists radiate with friendly smiles and are passionate about their work, always wanting to make sure we are comfortable and well taken care of. THE FACILITY AND AMBIANCE ARE SO RELAXING. ONCE YOU STEP INTO THE SPA, YOU IMMEDIATELY FEEL AT PEACE, COMPLETELY FORGETTING THAT YOU ARE IN THE HEART OF A CONCRETE JUNGLE AS YOU GET LOST IN THE SCENIC BEAUTY OF BUSHVELD GARDENS AND THE TRANQUIL ENVIRONMENT OF THE SPA. *The whole experience from start to finish was memorable and surpassed all my expectations.* KEEP IT UP! YOU'RE ON A WINNING FORMULA.

MONDAY TO TUESDAY: CLOSED | WEDNESDAY TO SUNDAY: OPEN. BOOKINGS ARE ESSENTIAL.
SUBJECT TO CHANGE WITHOUT PRIOR NOTIFICATION
WWW.MOWANASPA.CO.ZA

beauty@MOWANA

THE RADIANCE RITUAL

R1899 PER PERSON OR R3398 PER COUPLE

- Balance and Breathe 60 Minute Aromatherapy Full Body Massage
- Lipid Rich 60 Minute Radiance Facial
- Polished to Perfection 60 Minute Mowana Manicure
- Feet First, 60 Minute Mowana Pedicure
- Sumptuous Lunch with Dessert
- Afternoon High Tea Treats
- Limited Local Beverages Included

A MUST FOR MEN PAMPER PACKAGE

R1599 PER PERSON

- 60-Minute Aromatherapy Back, Neck & Shoulder Massage
- 60-minute Mowana Pedicure for Men
- 60-Minute Men's Specialised Facial
- Complimentary Beer or Glass of Wine

Add on a Tasty 2-course Spa Luncheon to feed body & soul for R250 including complimentary Local Beverages to quench your Thirst

NO MORE THAN TWO (2) PEOPLE CAN BE ACCOMMODATED FOR THE PACKAGES ABOVE

SKIN CARE FACIALS

Kalahari Honeybush Facial (60 min) R650

A nourishing treatment including a relaxing facial massage that includes natural plant extracts and rich botanical oils to hydrate and rejuvenate your skin. Suitable for all skins and as a maintenance treatment. A Summer Must

Lipid Rich Skin Treatment (60 min) R700

A botanical oil mask rich in essential fatty acids that hydrate even the most dry and dehydrated skin. Suitable for all skin conditions, excluding oily and acne-prone skin. A Winter Must

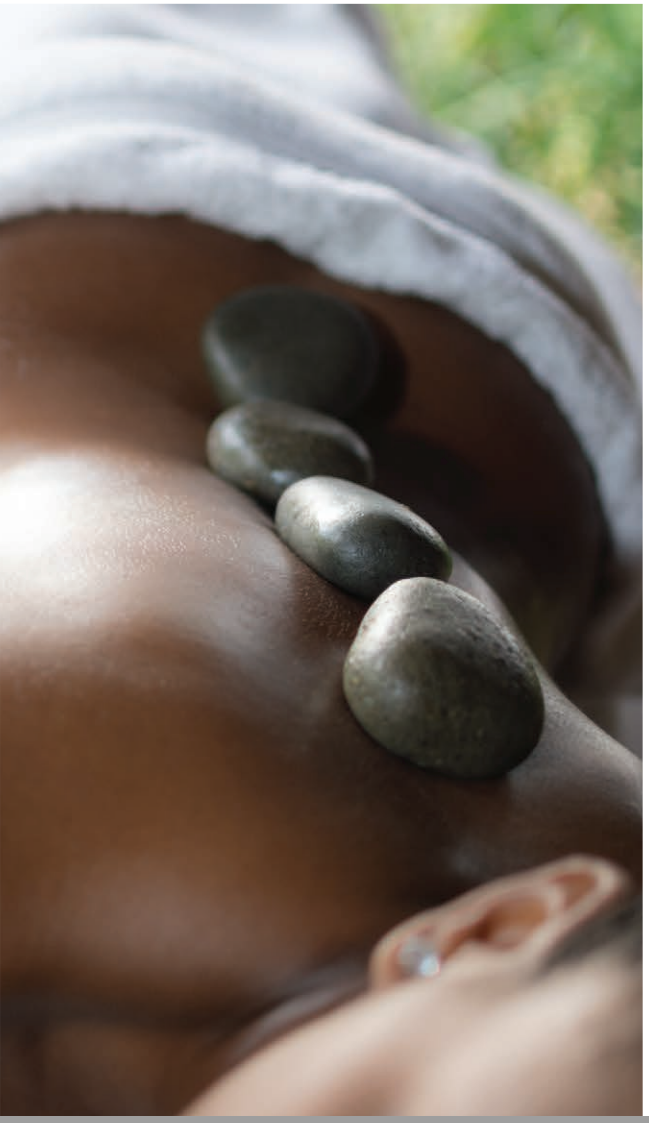
Kalahari Specialised Facial (60 min) R800

Based on your skin assessment, your professional therapist will recommend one of the following: Vit C Booster Treatment, Skin Texture Treatment, Phyto Compound Treatment or TCA Treatment

Kalahari Advanced Anti-Aging Facial (90 min) R900

Ultra-firming, de-ageing treatment rich in essential antioxidants and natural, organic Vit C, extracted from the African Baobab fruit. Suitable for all skin conditions. Includes a 20 minute back, neck & shoulder massage.

MONDAY TO TUESDAY: CLOSED | WEDNESDAY TO SUNDAY: OPEN. BOOKINGS ARE ESSENTIAL.
SUBJECT TO CHANGE WITHOUT PRIOR NOTIFICATION
WWW.MOWANASPA.CO.ZA



beauty@MOWANA

AROMATHERAPY MASSAGES

Aromatherapy Treatments using Lilian Terry oils, is a holistic healing treatment that uses natural plant extracts to promote health and well-being. Aromatherapy uses aromatic essential oils medicinally to improve the health of the body, mind, and spirit.

Back, Neck & Shoulder Massage (60 min)	R700
Full Body Massage (60 min)	R750
Full Body Massage (90 min)	R850

HOT STONE THERAPY MASSAGES

Hot stones expand blood vessels, which encourages blood flow throughout the body, hot stones also have a sedative effect that can relieve chronic pain, reduce stress and promote deep relaxation.

Back, Neck & Shoulder Massage (60 min)	R700
Full Body Massage (60 min)	R750
Full Body Massage (90 min)	R850

WAXING

Face

Ear, Nose, Lip or Chin Wax	R80
Brow Wax and Shape	R100
Lash or Brow tint	R100
Lash and Brow tint	R160
Brow Wax, Shape & Tint	R180

Arms (Women)

Full Arm Wax	R220
½ Arm Wax	R180
Underarm Wax	R150

Legs (Women)

Full Leg Wax	R280
¾ Leg Wax	R250
½ Leg Wax	R230

Bikini Areas

Bikini Wax	R200
Brazillian Wax	R240
Hollywood Wax	R300

Arms (Men)

Full Arm Wax	R220
½ Arm Wax	R180
Underarm Wax	R150

Legs (Men)

Full Leg Wax	R350
¾ Leg Wax	R300
½ Leg Wax	R280

Upper Body

Chest Wax	R300
Back Wax	R350

MONDAY TO TUESDAY: CLOSED | WEDNESDAY TO SUNDAY: OPEN. BOOKINGS ARE ESSENTIAL.
SUBJECT TO CHANGE WITHOUT PRIOR NOTIFICATION
WWW.MOWANASPA.CO.ZA

Pedi Lounge and Nail Bar

WWW.MOWANASPA.CO.ZA

the Retreat

PEDI LOUNGE · NAIL BAR
MOWANA SPA

MANICURE MENU

Manicure for Men (90 min) R350
Soak, exfoliate, file, paraffin dip, buff and massage

Mini Mani (45 min) R180
Removal of nail varnish, file and new colour reapplication

Gel Overlay (30 - 45 min) R250
Application of product. Excludes Soak Off

Mowana Manicure (60 min) R300
Soak, exfoliate, file & nail varnish application and massage
Add Gel for R140

Deluxe Manicure (95 min) R350
Caviar gel soak, exfoliate, file, buff, nail varnish application and massage.
Add Gel for R140

Acrylic overlay (natural or colour)	R380
Acrylic Overlay French	R400
Acrylic Fill (2 weeks)	R300
Acrylic or Gel Soak Off	R100
Acrylic Tips Overlay	R460
Paraffin Dip	R150
Nail Repair – Tip with Gel or Acrylic (per nail)	R60
NAILZ Application excluding soak off	R520
NAILZ 2-week Fill	R300

**Treatment time may vary according to add-ons such as soak off, tips and Gel applications*

PEDICURE MENU

Pedicure for Men (90 min) R400
Soak, exfoliate, file, paraffin dip, buff and massage

Mini Pedi (45 min) R200
Removal of nail varnish, file and new colour reapplication

Mowana Pedicure (60 min) R350
Soak, exfoliate, file & nail varnish application
Add Gel for R140

Deluxe Pedicure (95 min) R400
Caviar gel soak, exfoliate, file, buff, nail varnish application & massage
Add Gel for R140

Footlogix Specialised Pedicure (95 min) R500
Soak, exfoliate, file, buff, callus softener, rejuvenating foot mousse, nail varnish application & massage
Add Gel for R140

Manicure & Pedicure Combo (120 min) R600
Soak, exfoliate, file, nail varnish application & massage (excluding soak off)
Add Gel for R140

MONDAY TO TUESDAY: CLOSED | WEDNESDAY TO SUNDAY: OPEN. BOOKINGS ARE ESSENTIAL.
SUBJECT TO CHANGE WITHOUT PRIOR NOTIFICATION
WWW.MOWANASPA.CO.ZA